Lighting Basics

Lighting Basics

- Techniques and Effects
- Metrics
- Design for General Illumination
- Luminaire Selection
- LED Construction, Performance, Color, and Dimming
- Tunable White
- Acoustical Lighting
- JA8





General Illumination

Lighting Technique and Effects





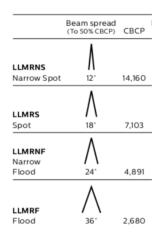
Accent

Lighting Techniques and Effects



Various Accent Options

- Varying beam spreads
- Hexcell louvers
- Soft focus
- Diffusion/spread lens options
- Snoots





Hex cell louvers

7472 = 2" dia.



Only available in matte black. Must order the accessory holder to hold the hex cell louver.

Snoot LC10SN = 2" dia.



Diffusion/special films

LC10 = 2" dia.



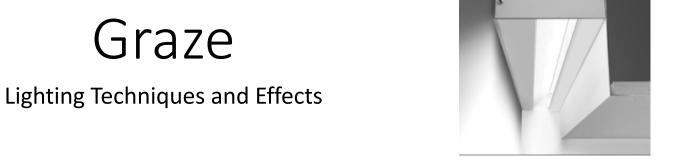
















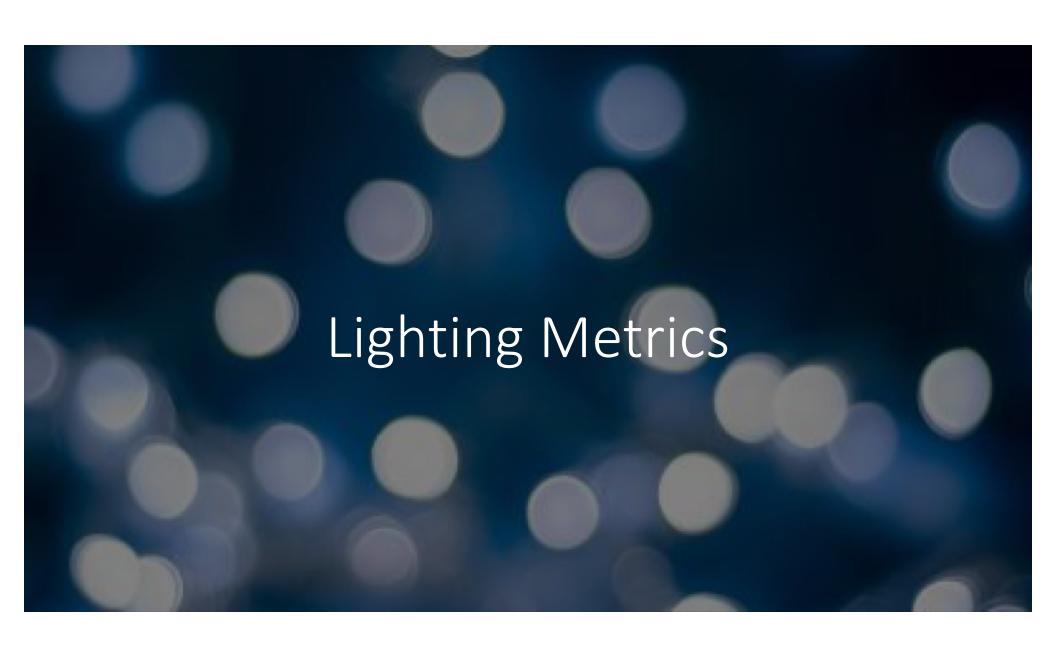
Wall Wash

Lighting Techniques and Effects



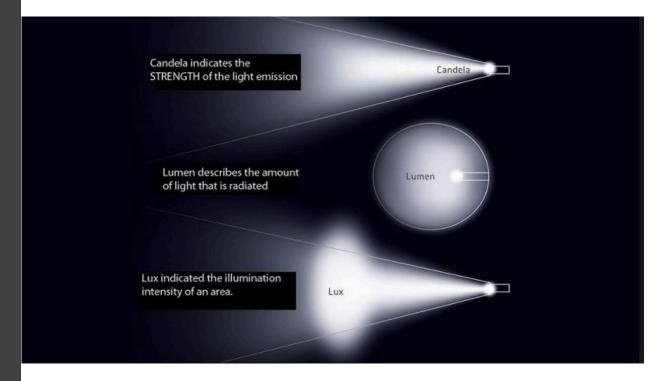
Contrast

Lighting Techniques and Effects



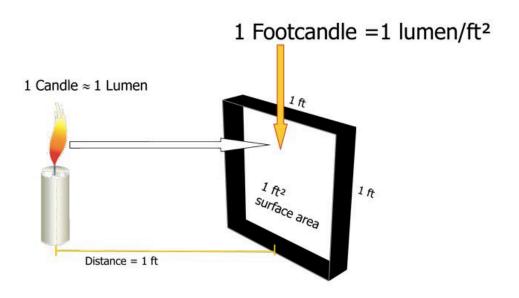
Lighting Metrics

Lumen (lm): unit of measure of luminous flux, used to indicate the total amount of light given off by a light source



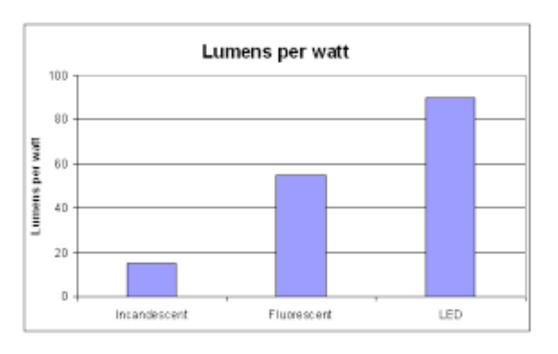
Lighting Metrics

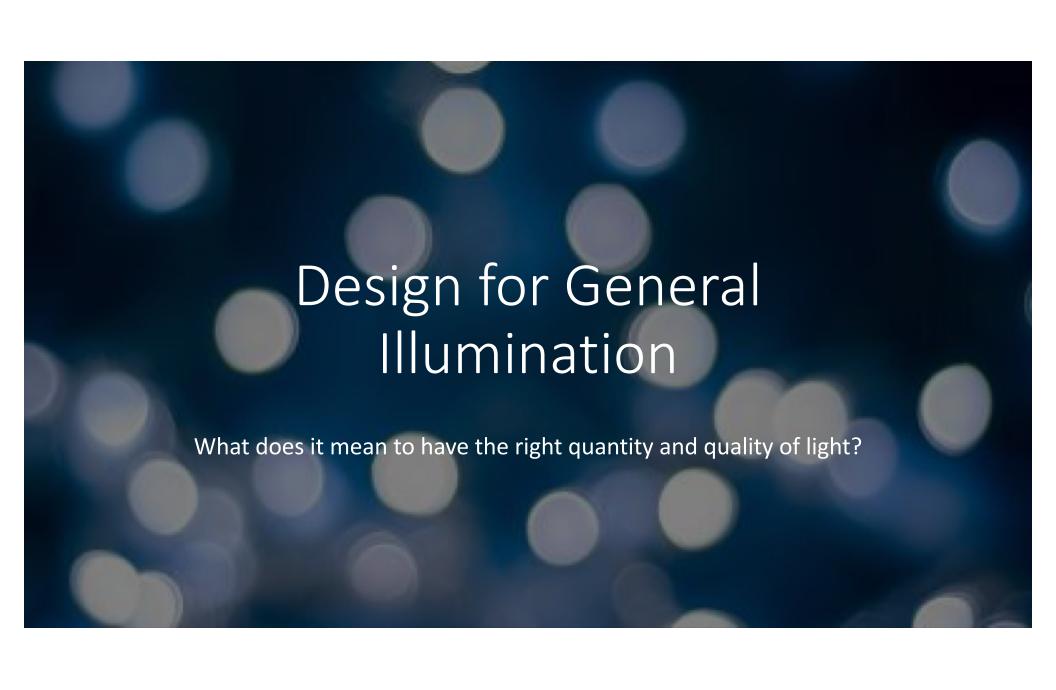
Footcandle (fc): the density of light at a given point on a surface



Lighting Metrics

Efficacy (lm/W): number of lumens emitted per watt of energy consumed, used to compare the relative efficiency of light sources





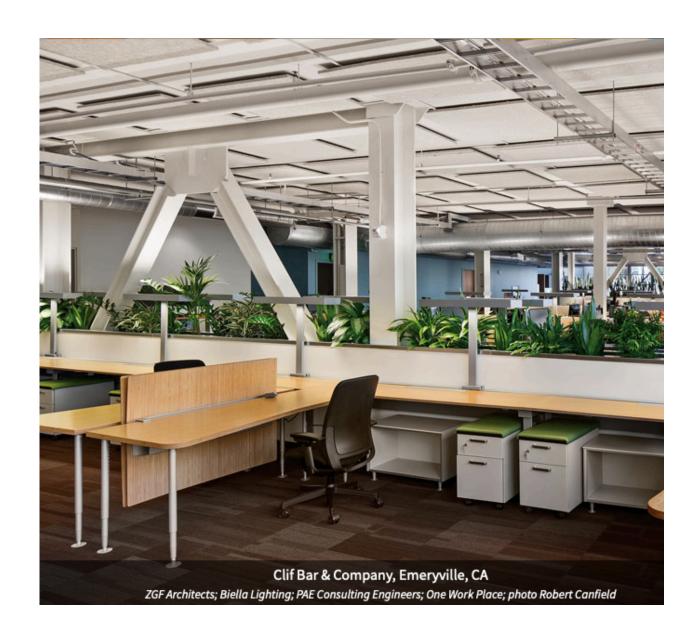
Intensity (Footcandles)

Uniformity

Reflectance

Aesthetics

Glare Control



IES publishes ranges of recommended light levels for many interior and exterior spaces.

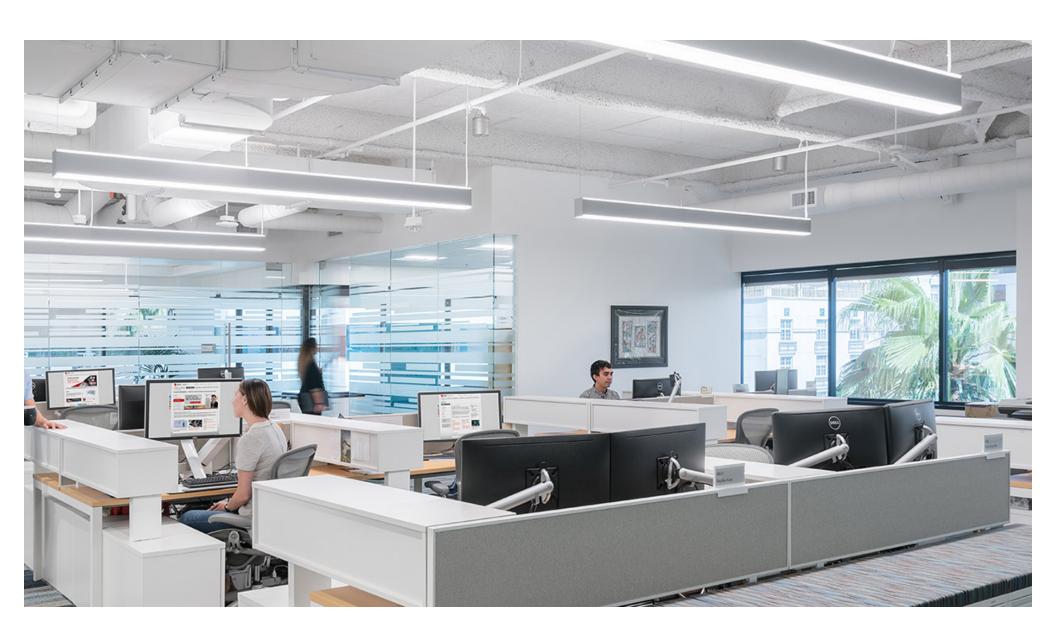
Building Area & Task	Average Maintained Footcandles (Horizontal) (FC)	Range of Maintained Footcandles (Horizontal) (FC)	Average Maintained Footcandles (Vertical) (FC)	Range of Maintained Footcandles (Vertical) (FC)	Comments
WAREHOUSING & STORAGE					
Bulky Items—Large Labels	10		5		
Small Items—Small Labels	30		15		
Cold Storage	20	10 - 30	10	5 - 15	
Open Warehouse	20	10 - 30			
Warehouse w/Aisles	20	10 - 30	10	5 - 15	
COMMERCIAL OFFICE					
Open Office	40	30 - 50			@30" Above Finished Floor (AFF)
Private Office	40	30 - 50			@30" AFF
Conference Room	30				Matte surface reflectance for the table 40% recommended
Restroom	18	7.5 - 30			
Lunch & Break Room	15	5 - 20			

Uniformity:

- Uniformity is ratio of the highest to lowest light levels
- Incredibly important for visual acuity, visual comfort, and aesthetics
- The goal is adequate lighting without drawing your attention to the light; no hot or dark spots
- Achieving good uniformity is at least as important as light level in good lighting design

Reflectance:

- Remember your reflectance values when requesting photometric layouts
- Assumption is 80/50/20 for ceiling, wall, and carpet
- Deviations can have unpredictable results







Luminaire Selection: Efficacy and Glare



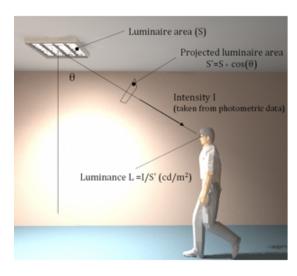
Efficacy versus Efficiency

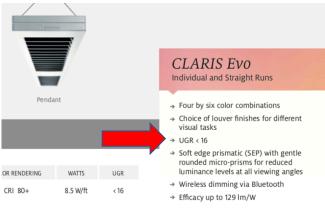
Efficacy specifically refers to the number of lumens emitted per watt of energy consumed, and is used to compare relative efficiency of light sources.



How are glare and efficacy related?

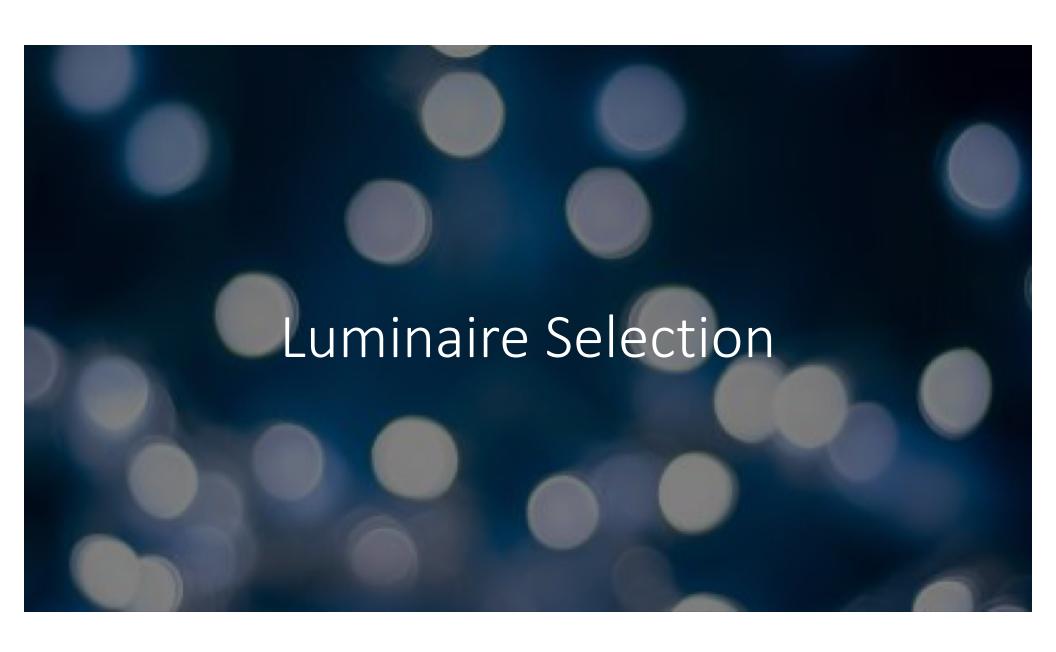
Various methods of control (optics, fixture construction, lens, etc.) are used to control brightness but generally reduce lumen output.





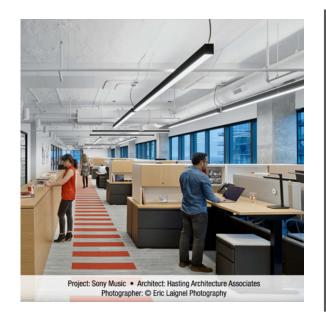
UGR and Visual Comfort

- Unified Glare Rating (UGR) range from 10-28
- <19 acceptable for offices, <16 great
- <19 accepted for Well Building via addendum
- UGR is a good start but is flawed



Luminaire Selection

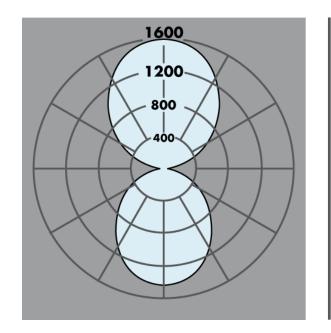
- Distribution
- Lumen Output
- Spacing

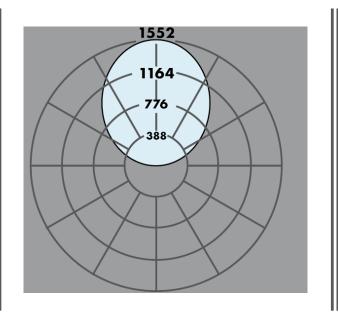


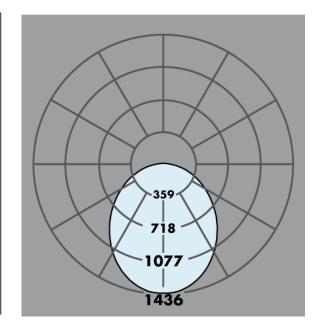




Luminaire Selection: Distribution





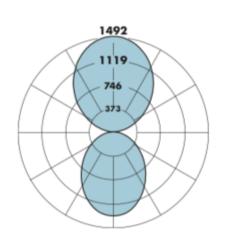


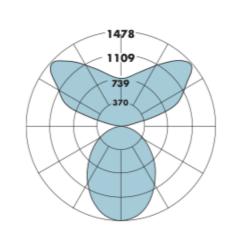
Luminaire Selection: Distribution

Direct/Indirect, Indirect only, Direct only

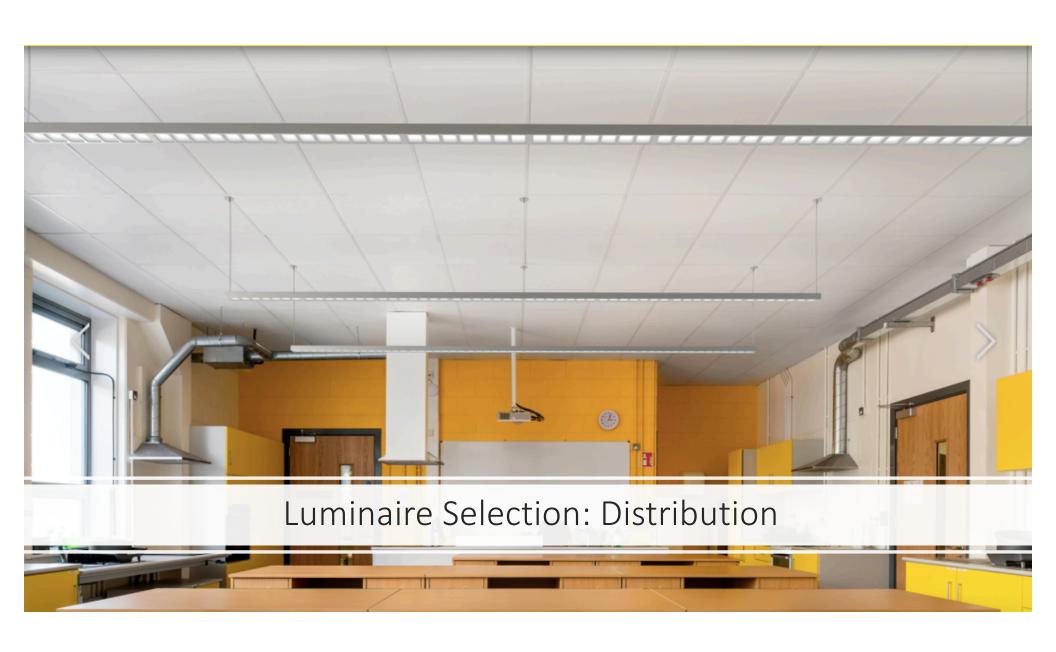
Luminaire Selection: Optical Distribution

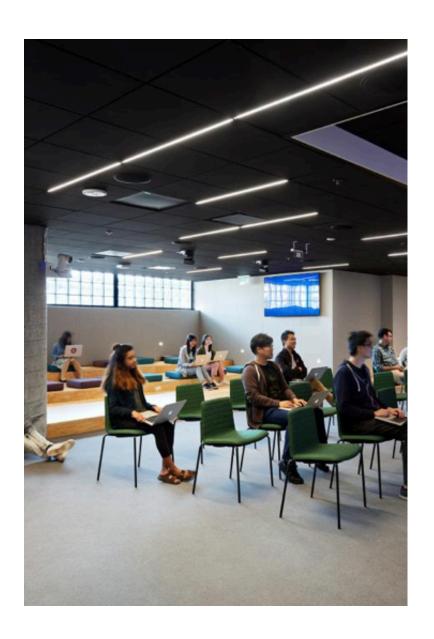
Batwing distributions allow for improved uniformity





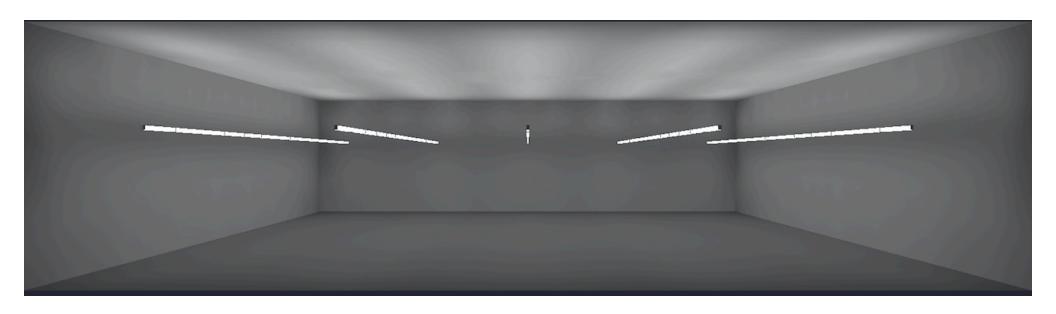






Luminaire Selection: Spacing

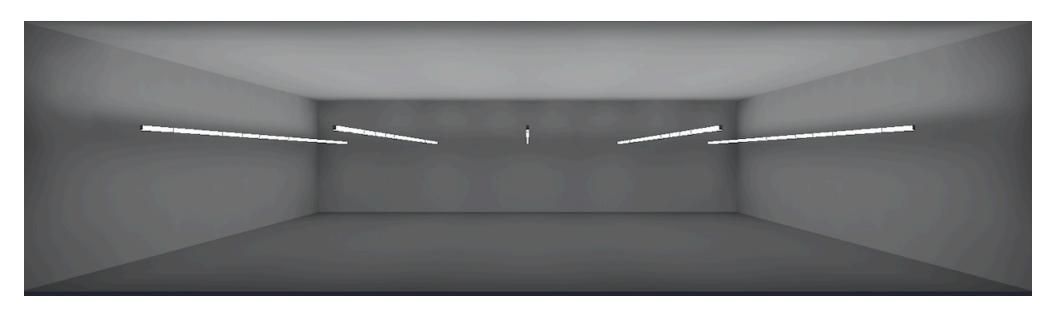
- Linear fixtures are treated differently because of their physical shape
- 10'-12' OC is considered acceptable for linear fixtures
- 12'-15' or greater considered very good
- Photometric layouts can help confirm uniformity and light levels



- -16' ceiling height, 10' mounting height
- -12' On Center Spacing, 35fc average targeted
- -HP2 Direct/Indirect, 55% Up, 45% Down
- -65 total 4' fixtures @ .52w/sf LPW

Luminaire So	Luminaire Schedule														
Symbol	Qty	Label	Description	Lum. Watts	Lum. Lumens	LLD	LDD	UDF	LLF	Filename					
	65	F3	FINELITE - HP-2-ID-4ft-S-S-835	28.9	2860	0.944	0.900	1.000	0.850	HP-2-ID-4ft-S-S-835-ITL85132.001					

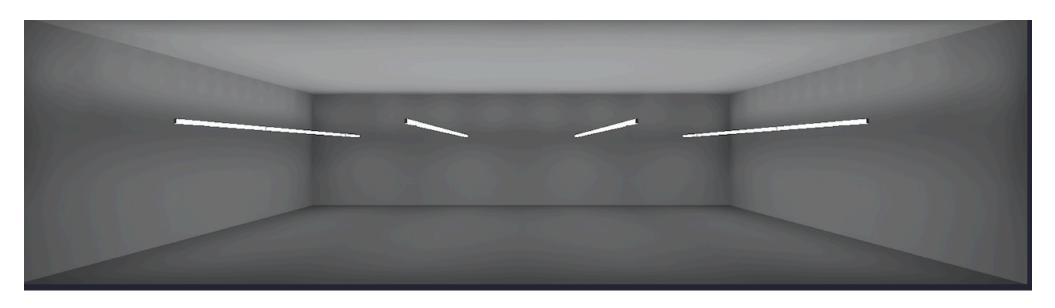
Calculation Summary								
Label	CalcType	Units	Avg	Max	Min	Avg/Min	Max/Min	Description
Open Office	Illuminance	Fc	35.35	47.8	14.1	2.51	3.39	Target: 35fc Average Target



- -16' ceiling height, 10' mounting height
- -12' On Center Spacing, 35fc average targeted
- -HP2 Direct/Indirect, 55% Up, 45% Down
- -WSO Batwing Optic
- -65 total 4' fixtures @ .51w/sf LPW

Luminaire So	Luminaire Schedule														
Symbol	Qty	Label	Description	Lum. Watts	Lum. Lumens	LLD	LDD	UDF	LLF	Filename					
	65	F4	FINELITE - HP-2-ID-4ft-S-S-835-WSO	28.4	3001	0.944	0.900	1.000	0.850	HP-2-ID-4ft-S-S-835-WSO-ITL89456					

Calculation Summary								
Label	CalcType	Units	Avg	Max	Min	Avg/Min	Max/Min	Description
Open Office	Illuminance	Fc	36.86	50.6	14.3	2.58	3.54	Target: 35fc Average Target



- -16' ceiling height, 10' mounting height
- -15' On Center Spacing, 35fc average targeted
- -HP2 Direct/Indirect, 49% Up, 51% Down
- -WSO Batwing Optic
- -52 total 4' fixtures @ .47w/sf LPW

Lumi	Luminaire Schedule														
Symb	bol	Qty	Label	Description	Lum. Watts	Lum. Lumens	LLD	LDD	UDF	LLF	Filename				
		52	F4A	FINELITE - HP-2-ID-4ft-S-B-835-WSO	32.2	3349	0.944	0.900	1.000	0.850	HP-2-ID-4ft-S-B-835-WSO-ITL89456				

Calculation Summary													
Label	CalcType	Units	Avg	Max	Min	Avg/Min	Max/Min	Description					
Open Office	Illuminance	Fc	34.42	52.3	11.7	2.94	4.47	Target: 35fc Average Target					



Luminaire Selection: Spacing

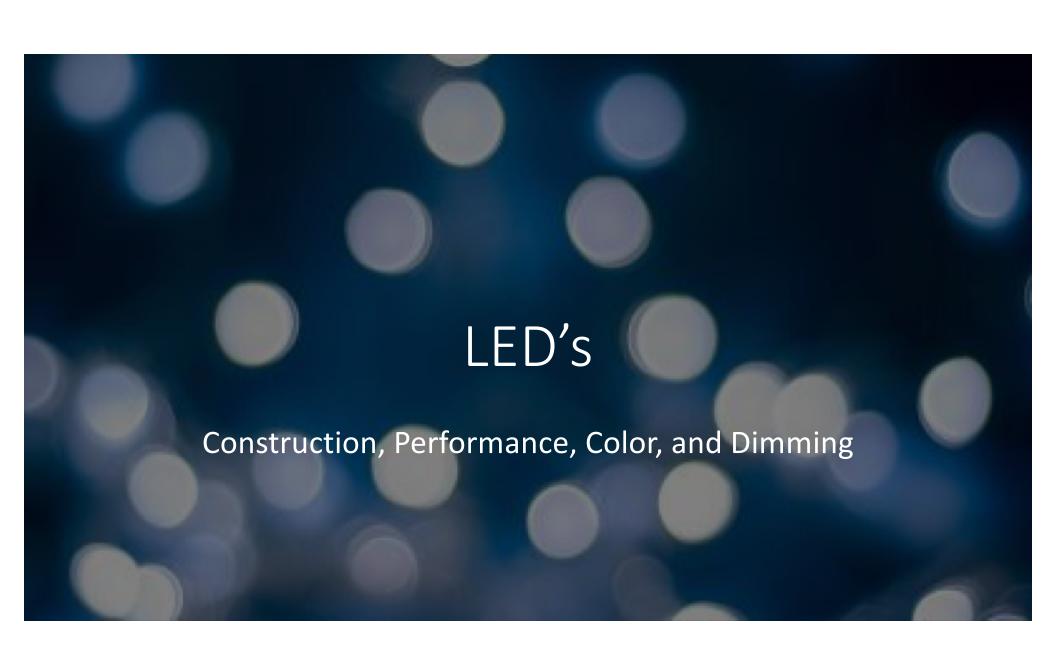
Spacing Criterion (SC) is an estimated maximum ratio of the luminaire spacing to the luminaire mounting height achieve acceptable uniformity on the work plane.

This applies to downlight-only fixtures, like recessed cans, cylinders, and troffers.

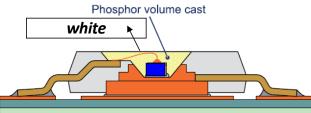
Luminaire Selection: Spacing

Focal Point ID 3.5"

Ordering	Cut-Off	Distr	ibution Bea	m Spread I	Spacing Cri	iteria	Housing
Code	Degree	NFL	FL	WFL	VWFL	SWFL	Depth
DNT	50°	26° 0.43	44° 0.67	59° 0.91	-	-	3.16"
DNS	60°	24° 0.39	44° 0.67	56° 0.81	-	-	2.64"
DSS	75°	-	-	-	70° 0.91	94° 1.22	2.64"

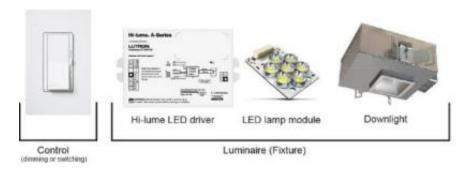






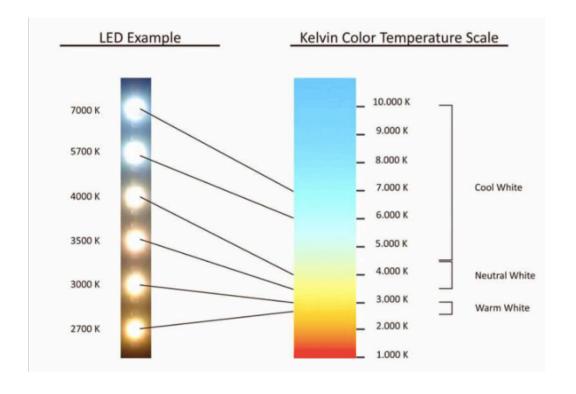
LED Construction

- Blue LED chips mounted to a circuit board, typically covered with yellow phosphor to create white light
- Driver provides appropriate voltage to board
- Heat sink helps pull heat away from the board housing the chips
- Optic manages glare and helps direct light
- Housing includes the body of the fixture and brings it all together



LED Color

 CCT: Kelvin Temperature is a measure of the overall appearance of a white light source (warm or cool)

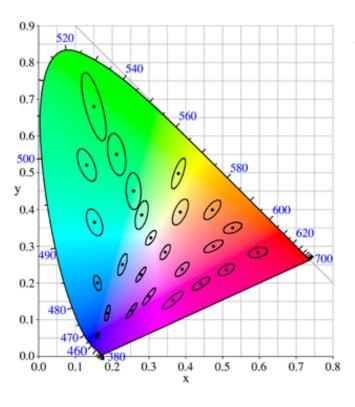




Tunable White

- "Human Centric" Lighting
- Map circadian rhythm
- Trigger a stimulus

LED and Color Consistancy



- Color Consistency
 - LED chips have some inconsistencies, binning is the process by which like chips are sorted
 - MacAdam Ellipse is a way to measure color consistency between LED chips
 - 1 Standard Deviation Color Match (SCDM) from the color at the center of the ellipse
 - Colors within 1 step MacAdam Ellipse are indistinguishable to the human eye
 - Colors within 2 to 4 steps are considered barely distinguishable
 - Colors within 5 steps and up are readily distinguishable

CRI 95 CRI 70

LED and Color Quality

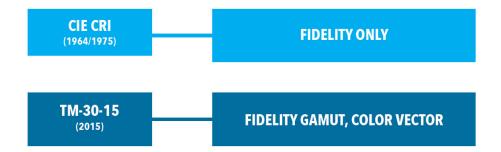
- CRI: Color Rendering Index is the most common metric; it measures the ability of the light source to render color well (scale of 0-100)
 - 80+ CRI is standard
 - 90+ CRI is preferred

CRI vs. TM30

- 8 pastel colors vs. 99 natural colors
- Measures Fidelity (color accuracy) and Gamut (color saturation)
- Oversaturation in reds results in more natural skin tones, warmer wood tones, and increased vibrancy in objects
- Manufacturers are starting to use their own hue/saturation blends to create more preferred light







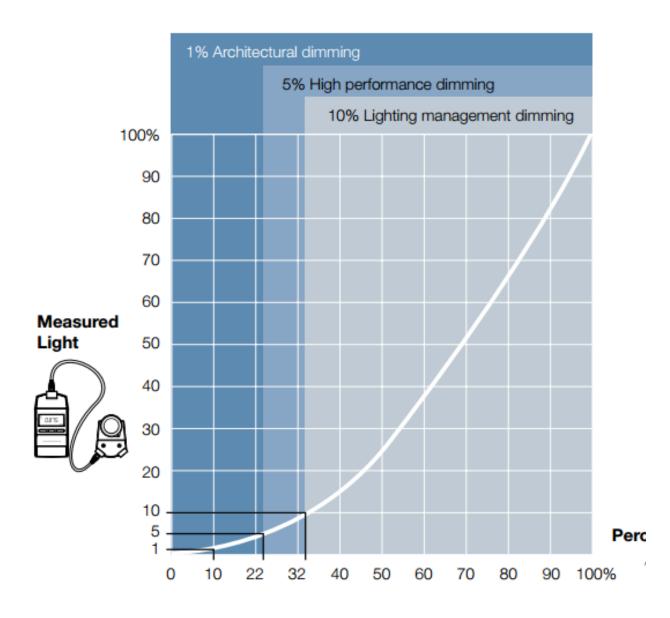
LED Performance

- L70: The duration at which the source reaches 70% of it's original light output
- 50,000 hours is standard
- Based on LM-79 Testing

LED Dimming

Measured light is the amount of light measured by a light meter, Perceived light is the amount of light a person sees, based on dilation.

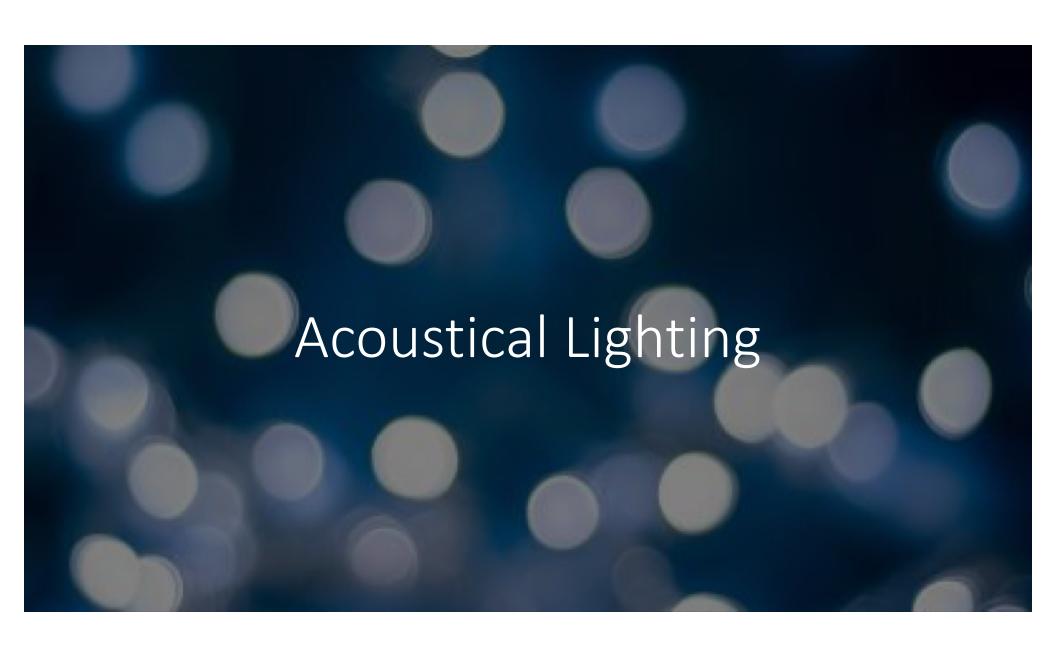
Our perception of a fixture's light level is often 10-20% higher than the measured light level

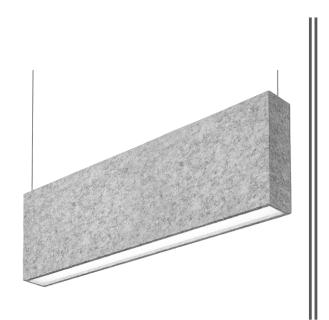




LED Dimming

- Dimming Quality Metrics
- 0.1% dimming may be necessary to create a desired effect or atmosphere
- 1% dimming is common for hospitality, residential, and restaurants
- 10% dimming is appropriate for many commercial applications

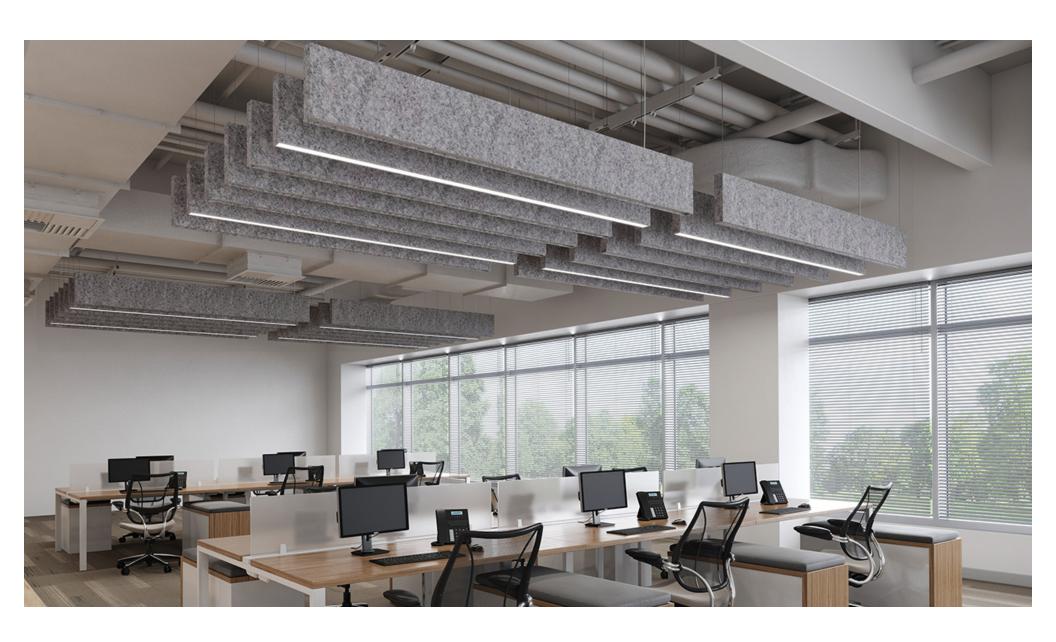




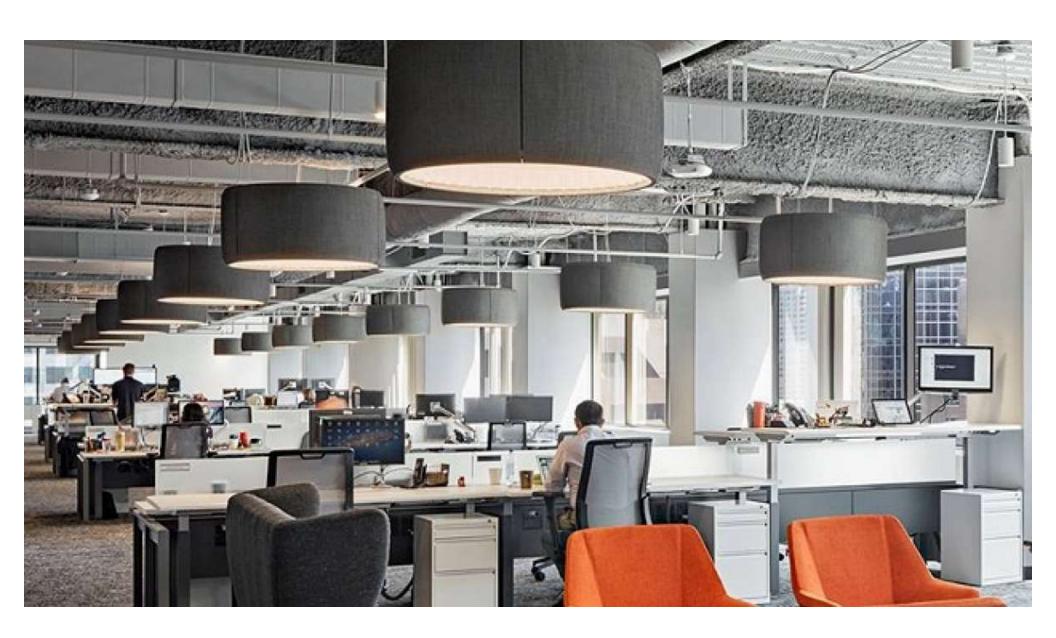




Acoustical Lighting







JA8

- Color (90+ CRI)
- Dimming performance
- Rated life
- Start time
- Audible noise

- Applies to residential single and multi-family dwellings
- Residential spaces in non-residential projects like fire-stations, dorms, hospitality, etc.

Thank You

JD Stephens

Associated Lighting Representatives

(510) 676-1953

jdstphens@alrinc.com